The Claimed Invention Is:

- 1 1. An apparatus for monitoring an ambulatory patient and
- 2 establishing communication to a caregiver regarding the wellness
- 3 parameters of such an ambulatory patient, said apparatus
- 4 comprising:
- a physiological parameter transducing device, said device
- 6 generating an electronic signal representative of the value of
- 7 the physiological parameter being monitored;
- a central processor device, said central processor
- 9 operatively coupled to said parameter transducing device and
- 10 processing said physiological parameter electronic signals;
- an electronic receiver/transmitter communication device,
- 12 said communication device having one end operatively coupled to
- 13 said processor and another end operatively coupled to a
- 14 communication network, said communication device being activated
- whenever the central processor recognizes a physiological
- 16 parameter within a predetermined range;
- an input device, said input device operatively coupled to
- 18 said processor and configured to receive external commands;
- an output device, said output device coupled to said
- 20 processor and providing information comprising external commands,
- 21 physiological symptoms, wellness parameters, and queries from
- 22 said communication device;
- wherein said devices are integrated into a single unit.

- 1 2. The apparatus according to claim 1 wherein said integrated
- 2 unit comprises:
- a base, said base including said physiological parameter
- 4 transducing device;
- a housing, said housing including said central processor
- 6 device, said electronic receiver/transmitter communication
- 7 device, said input device and said output device; and
- a support member, said support member having a first end
- 9 connected to said base and a second end connected to said
- 10 housing.
- 1 3. The apparatus according to claim 2, wherein said support
- 2 member is rigid.
- 1 4. The apparatus according to claim 2, wherein said support
- 2 member is adjustable.
- 1 5. The apparatus according to claim 2, wherein said support
- 2 member is flexible.
- 1 6. The apparatus according to claim 1 wherein the physiological
- 2 parameter transducing device is a scale for monitoring the body
- 3 weight of a chronic heart failure patient.

- 1 7. The apparatus according to claim 6 wherein said scale
- 2 comprises:
- a top plate defining an interior and exterior surface;
- a base plate defining an interior and exterior surface;
- a load cell having a top and bottom side and a first and
- 6 second end disposed between said top plate and said base plate,
- 7 wherein the top side of the first end of said load cell is in
- 8 contact with a first support surface within the interior surface
- 9 of said top plate, and the bottom side of the second end of said
- 10 load cell is in contact with a second support surface within the
- 11 interior surface of said base plate.
- 1 8. The apparatus according to claim 7 wherein said load cell
- 2 further comprises a strain gage disposed on said load cell.
- 1 9. The apparatus according to claim 6 further comprising means
- 2 for determining whether said patient requires hospitalization or
- 3 medication adjustments based on said body weight.
- 1 10. The apparatus according to claim 6 wherein the scale is
- 2 accurately operable on a hard floor as well as a carpeted floor.
- 1 11. The apparatus according to claim 1 wherein the physiological
- 2 parameter transducing device is a scale for monitoring the body
- 3 weight of an overweight or obese individual.

- 1 12. The apparatus according to claim 11 further comprising means
- 2 for determining whether said individual requires diet
- 3 modification, or additional nutritional consultation.
- 1 13. The apparatus according to claim 1 further comprising means
- 2 for determining whether said patient requires hospitalization or
- 3 medication adjustments based on said wellness parameters.
- 1 14. The apparatus according to claim 1, wherein said
- 2 communication device is a modem.
- 1 15. The apparatus according to claim 1, wherein said
- 2 communication device is an RS-232 device.
- 1 16. The apparatus according to claim 1, wherein said
- 2 communication device is an Internet communication device.
- 1 17. The apparatus according to claim 1, wherein said
- 2 communication device is a satellite communication device.
- 1 18. The apparatus according to claim 1, wherein said
- 2 communication device is an infra-red communication device.
- 1 19. The apparatus according to claim 1, wherein said
- 2 communication device is a power line carrier communication
- 3 device.

- 1 20. The apparatus according to claim 1, wherein said
- 2 communication device is a Radio Frequency (RF) transceiver.
- 1 21. The apparatus according to claim 20, wherein said RF
- 2 transceiver has first and second portions, said first portion
- 3 being operatively coupled to said processor and in radio
- 4 communication with said second portion, said second portion being
- 5 located remotely from said first portion and operatively coupled
- 6 to said communication network.
- 1 22. The apparatus according to claim 21, wherein said second
- 2 portion includes means for wall mounting said second portion.
- 1 23. The apparatus according to claim 1 wherein a nurse is in
- 2 communication with said patient through said communication
- 3 network.
- 1 24. The apparatus according to claim 1 wherein said output
- 2 device is a synthetic speech communication device, said speech
- 3 communication device operatively coupled to said processor and
- 4 audibly communicating information to said patient.
- 25. The apparatus according to claim 1 wherein said output
- 2 device is a visual display device.
- 1 26. The apparatus according to claim 1 wherein said output
- 2 device is a pacemaker coupled to said data input device.

- 1 27. A system for monitoring an ambulatory patient and
- 2 establishing communication to a caregiver regarding the wellness
- 3 parameters of such an ambulatory patient between a first location
- 4 and a remote central office location, said system comprising:
- a monitoring apparatus at said first location comprising:
- 6 (a) a physiological parameter transducing device, said
- 7 device generating an electronic signal representative of the
- 8 value of the physiological parameter being monitored;
- 9 (b) a central processor device, said central processor
- 10 operatively coupled to said parameter transducing device and
- 11 processing said physiological parameter electronic signals;
- 12 (c) an electronic receiver/transmitter communication
- 13 device, said communication device having one end operatively
- 14 coupled to said processor and another end operatively coupled to
- 15 a communication network, said communication device being
- 16 activated whenever the central processor recognizes a
- 17 physiological parameter within a predetermined range;
- 18 (d) an input device, said input device operatively
- 19 coupled to said processor and configured to receive external
- 20 commands;
- (e) an output device, said output device coupled to
- 22 said processor and providing information comprising external
- 23 commands, physiological symptoms, wellness parameters, and
- 24 queries from said communication device, wherein said devices are
- 25 integrated into a single unit; and

- a processing computer at a remote central office location in
- 27 communication with said remote monitoring apparatus for
- 28 exchanging information with said monitoring apparatus.
- 1 28. The system according to claim 27 wherein said integrated
- 2 unit comprises:
- a base, said base including said physiological parameter
- 4 transducing device;
- a housing, said housing including said central processor
- 6 device, said electronic receiver/transmitter communication
- 7 device, said input device and said output device; and
- a support member, said support member having a first end
- 9 connected to said base and a second end connected to said
- 10 housing.
- 1 29. The system according to claim 28, wherein said support
- 2 member is rigid.
- 1 30. The system according to claim 28, wherein said support
- 2 member is adjustable.
- 1 31. The system according to claim 28, wherein said support
- 2 member is flexible.
- 1 32. The system according to claim 27 wherein the physiological
- 2 parameter transducing device is a scale for monitoring the body
- 3 weight of a chronic heart failure patient.

- 1 33. The system according to claim 32 wherein said scale
- 2 comprises:
- a top plate defining an interior and exterior surface;
- a base plate defining an interior and exterior surface;
- a load cell having a top and bottom side and a first and
- 6 second end disposed between said top plate and said base plate,
- 7 wherein the top side of the first end of said load cell is in
- 8 contact with a first support surface within the interior surface
- 9 of said top plate, and the bottom side of the second end of said
- 10 load cell is in contact with a second support surface within the
- 11 interior surface of said base plate.
- 1 34. The apparatus according to claim 33 wherein said load cell '
- 2 further comprises a strain gage disposed on said load cell.
- 1 35. The system according to claim 32 further comprising means
- 2 for determining whether said patient requires hospitalization or
- 3 medication adjustments based on said body weight.
- 1 36. The system according to claim 32 wherein the scale is
- 2 accurately operable on a hard floor as well as a carpeted floor.
- 1 37. The system according to claim 27 wherein the physiological
- 2 parameter transducing device is a scale for monitoring the body
- 3 weight of an overweight or obese individual.

- 1 38. The system according to claim 37 further comprising means
- 2 for determining whether said individual requires diet
- 3 modification, or additional nutritional consultation.
- 1 39. The system according to claim 27 further comprising means
- 2 for determining whether said patient requires hospitalization or
- 3 medication adjustments based on said wellness parameters.
- 1 40. The system according to claim 27, wherein said communication
- 2 device is a modem.
- 1 41. The system according to claim 27, wherein said communication
- 2 is over an RS-232 connection.
- 1 42. The system according to claim 27, wherein said communication
- device is over an Internet communication device.
- 1 43. The system according to claim 27, wherein said communication
- 2 device is an infra-red communication device.
- 1 44. The system according to claim 27, wherein said communication
- 2 device is a power-line carrier communication device.
- 1 45. The system according to claim 27, wherein said communication
- 2 device is a satellite communication device.
- 1 46. The system according to claim 27, wherein said communication
- 2 device is a Radio Frequency (RF) transceiver.

- 1 47. The system according to claim 46, wherein said RF
- 2 transceiver has first and second portions, said first portion
- 3 being operatively coupled to said processor and in radio
- 4 communication with said second portion, said second portion being
- 5 located remotely from said first portion and is operatively
- 6 coupled to said communication network.
- 1 48. The system according to claim 47, wherein said second
- 2 portion includes means for wall mounting said second portion.
- 1 49. The system according to claim 27 wherein a nurse is in
- 2 communication with said patient through said communication
- 3 network.
- 1 50. The system according to claim 27 wherein said output device
- 2 is a synthetic speech communication device, said speech
- 3 communication device operatively coupled to said processor and
- 4 audibly communicating information to said patient.
- 1 51. The system according to claim 27 wherein said output device
- 2 is a visual display device.
- 1 52. The system according to claim 27 wherein said output is a
- 2 pacemaker coupled to said data input device.

- 1 53. A method for monitoring an ambulatory patient and
- 2 establishing communication to a caregiver regarding the wellness
- 3 parameters of such an ambulatory patient, said method comprising:
- 4 monitoring a physiological parameters;
- generating an electronic signal representative of the value
- of said physiological parameter;
- in a central processor device, processing said physiological
- 8 parameter electronic signals;
- g communicating said processed electronic signals between a
- 10 first location and a remote central location;
- inputting external commands into said processor; and
- outputting said information.
- 1 54. The method according to claim 53 wherein the monitoring step
- 2 includes monitoring the body weight of a chronic heart failure
- 3 patient.
- 1 55. The method according to claim 54 further comprising
- 2 determining whether said patient requires hospitalization or
- 3 medication adjustments based on said body weight.
- 1 56. The method according to claim 53 further comprising
- 2 determining whether said patient requires hospitalization or
- 3 medication adjustments based on said wellness parameters.

- 1 57. The method according to claim 53 wherein the communicating
- 2 step includes communicating to a nurse.
- 1 58. The method according to claim 53 wherein said outputting
- 2 step includes audibly communicating information to said patient
- 3 through a synthetic speech communication device.
- 1 59. The method according to claim 53 wherein said outputting
- 2 step includes visually displaying information.
- 1 60. The method according to claim 49 wherein said outputting
- 2 step includes inputting data into a pacemaker device.